

Benefits of being part of the Y:

- Personal wellness consultation included with YMCA membership
- Nursery services included with family membership
- Towel service included with YMCA membership
- Full usage of facility and programs at Ankeny, Boone County, Grubb, Riverfront, South Suburban, Walnut Creek, Waukee and Indianola
- Fitness classes including step aerobics, group cycling, Body Pump, yoga and Pilates mat classes and ZUMBA included with YMCA membership
- Water aerobic classes included with YMCA membership
- Reduced rates on YMCA programs
- A.W.A.Y program for use of out-of-town YMCAs
- Beginner yoga and Tai Chi classes included with YMCA membership
- A chance to give back to your community through many volunteer opportunities

Join One Join All! *

Ankeny Family YMCA

1102 N. Ankeny Blvd
Ankeny, Iowa 50021
Phone: 965-8800

South Suburban YMCA

401 E. Army Post Rd
Des Moines, Iowa 50315
Phone: 285-0444

John R. Grubb YMCA

1611 11th Street
Des Moines, Iowa 50314
Phone: 246-0791

Walnut Creek Family YMCA

948 73rd Street
Des Moines, Iowa 50324
Phone: 224-1888

Riverfront YMCA

101 Locust Street
Des Moines, Iowa 50309
Phone: 282-YMCA

Waukee Family YMCA

210 N. Warrior Lane
Waukee, Iowa 50263
Phone: 987-9996

Boone County Family YMCA

608 Carroll Street
Boone, Iowa 50036
Phone: 432-5925

Northwest YMCA- Grimes Program Ctr.

410 SE Main
Grimes, Iowa 50111
Phone: 986-4464

YMCA Healthy Living Center

12493 University Avenue
Clive, Iowa 50325
Phone: 226-YMCA
*additional fees apply

Indianola YMCA

306 E Scenic Valley Ave
Indianola, Iowa 50125
Phone: 777-7746

Facility hours and class schedules can be found at www.dmymca.org

YMCA of Greater Des Moines Membership Rates:

***The regular Joining Fee is \$50.00. This fee is waived during the month of October. As a State of Iowa employee, your joining fee is reduced to \$25 during the rest of the year.**

As a community-based non-profit organization, the Y is committed to being affordable to all. The "My Y Rate" calculator allows you to calculate your rate based on your annual gross household(s)* income. We appreciate your honesty and integrity in our process that allows us to best serve the community.

For membership rates, click [here](#), click on Join the Y, My Y rate and answer the 3 questions and your monthly membership rate will be provided for you.

*If selecting the two adults or two adults with child(ren) category and the adults live in separate households, please combine both gross household incomes.

Additional financial assistance is available to qualifying individuals and families, [click here](#) to learn more.